

May 2018 Elementary Breakfast



Prepay online at www.myschoolbucks.com!

*All meals are served with 1% low-fat free milk or nonfat chocolate milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEKLY AVERAGE
 <p>Happy Mother's Day May 13th!</p>	 <p>1 Mini Cinnis or Breakfast Classics 100% Fresh Juice Fresh Fruit</p>	 <p>2 French Toast Breakfast Bar or Breakfast Classics 100% Fresh Juice Fresh Fruit</p>	 <p>3 Breakfast Sandwich or Breakfast Classics 100% Fresh Juice Fresh Fruit</p>	 <p>4 <i>School Lunch Hero Day!</i> Oatmeal & Apple Slices or Breakfast Classics 100% Fresh Juice Fresh Fruit</p>	<p>Calories: 412 Total Fat: 7.5g Sat. Fat: 2.3g Fiber: 5.1g Sodium: 411mg</p>
 <p>7 Cherry Frudel or Breakfast Classics 100% Fresh Juice Fresh Fruit</p>	 <p>8 Breakfast Bun or Breakfast Classics 100% Fresh Juice Fresh Fruit</p>	 <p>9 Oatmeal Chocolate Chip Breakfast Bar or Breakfast Classics 100% Fresh Juice Fresh Fruit</p>	 <p>10 Breakfast Pizza or Breakfast Classics 100% Fresh Juice Fresh Fruit</p>	 <p>11 Yogurt Parfait or Breakfast Classics 100% Fresh Juice Fresh Fruit</p>	<p>Calories: 407 Total Fat: 7.7g Sat. Fat: 2.3g Fiber: 4.9g Sodium: 408mg</p>
 <p>14 Banana Chocolate Chip Breakfast Bar or Breakfast Classics 100% Fresh Juice Fresh Fruit</p>	 <p>15 Apple Frudel or Breakfast Classics 100% Fresh Juice Fresh Fruit</p>	 <p>16 Mini Waffles or Breakfast Classics 100% Fresh Juice Fresh Fruit</p>	 <p>17 Breakfast Sandwich or Breakfast Classics 100% Fresh Juice Fresh Fruit</p>	 <p>18 Berry Blast French Toast Syrup Packet or Breakfast Classics 100% Fresh Juice Fresh Fruit</p>	<p>Calories: 413 Total Fat: 7.4g Sat. Fat: 2.3g Fiber: 5.0g Sodium: 422mg</p>

Meal Price:

Full Price—2.00

Reduced Price—No Charge

Milk Only—\$0.50



Redondo Beach USD

is getting **GREENER!**


*We now use recyclable paper trays in all our cafeterias

Menu Key:

 Meatless Option

 Contains Beef

 Contains Pork










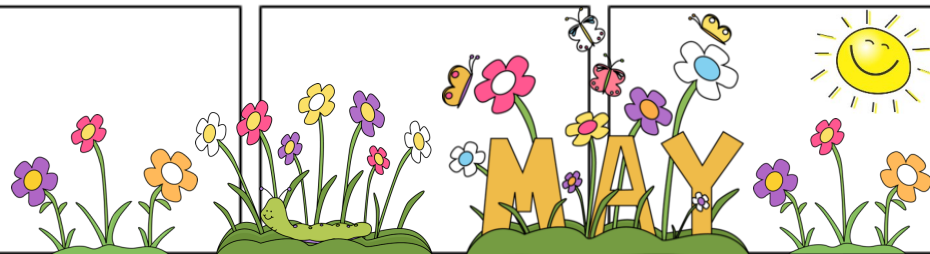


 Whole Grain



*Menu Subject to Change

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEKLY AVERAGE
 21 Oatmeal & Apple Slices or Breakfast Classics <i>100% Fresh Juice</i> <i>Fresh Fruit</i>	 22 French Toast Breakfast Bar or Breakfast Classics <i>100% Fresh Juice</i> <i>Fresh Fruit</i>	 23 Mini Cinnis or Breakfast Classics <i>100% Fresh Juice</i> <i>Fresh Fruit</i>	 24 Breakfast Pizza or Breakfast Classics <i>100% Fresh Juice</i> <i>Fresh Fruit</i>	 25 Yogurt Parfait or Breakfast Classics <i>100% Fresh Juice</i> <i>Fresh Fruit</i>	Calories: 414 Total Fat: 7.6g Sat. Fat: 2.2g Fiber: 5.1g Sodium: 400mg
No School Memorial Day 28 	 29 Cherry Frudel or Breakfast Classics <i>100% Fresh Juice</i> <i>Fresh Fruit</i>	 30 Breakfast Bun or Breakfast Classics <i>100% Fresh Juice</i> <i>Fresh Fruit</i>	 31 Breakfast Sandwich or Breakfast Classics <i>100% Fresh Juice</i> <i>Fresh Fruit</i>		Calories: 397 Total Fat: 7.4g Sat. Fat: 2.3g Fiber: 4.7g Sodium: 430mg
					All students must select a 1/2 cup of fruit! 


Offered Daily

Breakfast Classics:
 WG Plain Bagel + Cream Cheese

WG Cereal Selections

 WG Muffins

Redondo Beach Unified School District



This institution is an equal opportunity provider.

Can't make it to breakfast before the start of school?
 A second chance breakfast is offered daily in the cafeteria during the students' recess times at the following schools:
 Beryl, Birney, Jefferson, Lincoln, Madison & Washington.